

# Catch22 Independent Schools Policy

## Anti-Bullying

### Catch22 Include School Norfolk

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This policy will be reviewed every 3 years.

Catch22 reserves the right to amend this policy, following consultation, where appropriate.

|                                              |                             |
|----------------------------------------------|-----------------------------|
| Policy Owner:                                | Jamie Nielsen (Headteacher) |
| Queries to:                                  | Jamie Nielsen (Headteacher) |
| Date created:                                | January 2018                |
| Date of last review:                         | October 2025                |
| Date of next review:                         | October 2027                |
| Catch22 group, entity, hub:                  | Catch22 Education           |
| 4Policies level (all staff or managers only) | All Education staff         |

# Catch22 Independent Schools

## Education Intent Statement

### Catch22's Vision:

To deliver better social outcomes through transforming public service through the 3Ps:

#### Place

Supporting people to find, retain, transition safely into homes and communities

#### Purpose

Working with people to achieve their purpose in education, employment or training

#### People

Building networks of people around individuals

### Our Education Mission:

To enable young people to progress and succeed in sustained education, training or employment.

We do this through engaging young **people** positively with their **purpose** through learning and future life aspirations. All our pupils achieve positive outcomes, thrive and enjoy a quality education that is delivered by skilled, passionate **people** with high expectations in a **place** that is safe, high quality and appropriate.

Our schools and academies cater for young people aged 4-16 who are outside of mainstream education, many of whom have troubled and challenging backgrounds. We embody our vision in all we do to ensure our pupils are supported fully to achieve these goals.

### Our Educational Intent:

|                                                                                                                                                                                                                                                                                                                                                                               | Evidenced in this policy? |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------|
| <b>Brilliant basics, magic moments</b> <ul style="list-style-type: none"><li>Support pupils to gain academic qualifications, experiences and the skills needed to move successfully to the next stage in life.</li><li>Provide a values-based curriculum, working with pupils to build their spiritual, moral, social and cultural capital and personal development</li></ul> | ✓<br>✓                    |
| <b>Relationships beat structures</b> <ul style="list-style-type: none"><li>Treat pupils as individuals and help them to build bright futures in both their personal and professional lives</li></ul>                                                                                                                                                                          | ✓                         |

|                                                                                                                                                                                                                                                                                                                                                                                                                       |                            |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|
| <p><b>Things about you, built with you, are for you</b></p> <ul style="list-style-type: none"> <li>• Understand pupils' unique needs and help them overcome their barriers to learning</li> <li>• Engage pupils with a broad and rich curriculum so they can realise their ambitions</li> <li>• Make our pupils' voices heard and harness participation to benefit pupils and help our schools to improve.</li> </ul> | <p>X</p> <p>X</p> <p>✓</p> |
| <p><b>Unleash Greatness</b></p> <ul style="list-style-type: none"> <li>• Have high aspirations for our pupils so they leave us prepared for life in modern Britain and the wider world.</li> <li>• Instil belief in pupils so they can progress and succeed in education, training and employment</li> </ul>                                                                                                          | <p>✓</p> <p>✓</p>          |
| <p><b>Let robots be robots and humans be human</b></p> <ul style="list-style-type: none"> <li>• Ensure pupils have a rounded understanding of themselves and the world around them.</li> <li>• Harness curiosity and nurture a love of learning.</li> <li>• Support and protect our pupils to be safe and feel safe online and offline.</li> </ul>                                                                    | <p>✓</p> <p>X</p> <p>✓</p> |
| <p><b>Incubate, accelerate, amplify</b></p> <p>Embrace the values of 'Rights Respecting Schools'; helping pupils thrive as individuals both as members of their school and the wider community.</p>                                                                                                                                                                                                                   | <p>✓</p>                   |

## 1. What is the policy about?

This policy outlines Catch22 Education's definition of bullying, its commitment to prevent any form of bullying and the ways in which it will do so. The policy is inclusive of all members of our learning communities and recognises everybody's rights for safety and protection in our schools and academies.

## 2. Who does this policy apply to?

All Catch22 Education staff, pupils, parents, governing bodies, volunteers and contractors.

## 3. Policy requirements

All pupils, staff, parents/carers and governors should understand what bullying is and their responsibilities regarding it. Although there is no legal definition of bullying, it is recognised to be behaviour that is intended to hurt, is repeated, and takes place where there is an imbalance of power. Bullying will often (though not only) be aimed at individuals of vulnerable groups and can include but is not limited to:

- Emotional – being unfriendly, excluding, tormenting.
- Physical – pushing, kicking, hitting, punching or any use of violence.
- Sexual – unwanted physical contact or sexually abusive comments.
- Verbal – name calling, sarcasm, spreading rumours, teasing.
- Cyber – threats and/or sexual imaging/messaging using:
  - Any area of the internet, such as email or chat rooms;
  - Telephone, ie. text messaging/calls;
  - Any associated technology, i.e. camera and video facilities.
- Home circumstances – targeting individuals who are looked after children or because of a particular home circumstance.
- Discriminatory towards a protected characteristic – Abuse directed because of or focusing on an individual's characteristic. This can include but is not limited to:
  - Racism,
  - Sexism,
  - Homophobia and other sexual orientation discrimination,
  - Disability/SEN/Ableism,
  - Transphobia,
  - Ageism,
  - Religious discrimination.

Please see Catch22's Equality and Diversity Policy for more information on protected characteristics.

A bully can be defined as:

- An individual who torments others either through verbal harassment or physical assaults, or
- An individual who torments other through subtle methods of coercion that constitute any of the above activities and is deliberate and sustained.
- A bully can operate individually or with other bullies.

Pupils at the school have at times troubled and or challenging backgrounds. These pupils might therefore perceive bullying differently. Therefore, as a school we adapt our approaches, pastoral support, techniques and lessons to educate all pupils on individualized basis. This at times, where, appropriate will be with the support of parents / carers and or other professionals.

Bullying can seriously damage a person's confidence and sense of self-worth. A person being bullied will often feel that they are at fault and may show changes in behaviour (see Appendix 1 for possible signs).

## Policy Objectives

- To stop and prevent any continuation of harmful behaviour.
- To respond to bullying incidents in a reasonable, proportionate, and consistent way.
- To safeguard all involved in bullying and to offer relevant support.
- To apply disciplinary sanctions to the person causing the bullying and facilitate opportunities for them to learn from the experience, possibly through multi-agency support.
- Involve all members of the school, staff, and pupils in helping to prevent bullying and to confront it when it occurs.
- Encourage pupils to report instances of bullying.
- Inform all pupils, parents, and staff of the preventative steps the school takes and how these are implemented.
- Ensure all pupils, staff and parents know the procedure to follow when bullying occurs.

## Responding to bullying

When bullying is reported or suspected, the matter will be taken seriously and dealt with as quickly as possible. However, incidents of bullying are unique in their effect on the individuals concerned, therefore it is important that staff devise a bespoke set of actions for each incident, or series of incidents, in order to address the situation and to support all involved.

- All incidents or series of incidents will be investigated sensitively and effectively.
- Each person involved will be asked to give their account of any bullying events.
- Relevant staff will be kept informed of all developments so they can support and monitor the behaviour of the pupils concerned.
- Pupils being bullied will be offered the opportunity to discuss their experience with a member of staff and will be offered further support to address any harm caused to them.
- Pupils who have bullied will be supported through discussion of the events with a member of staff. These discussions will look at what happened, explore their motivation and gains from being involved, finding out other ways to meet their needs, and illustrating clear boundaries of unacceptable behaviour.
- Therapeutic approaches are taken with pupils where appropriate and necessary.

- In agreement with all parties involved there will also be the opportunity to repair harm caused and rebuild relationships through a facilitated discussion by a member of staff.
- Parents/carers of all pupils involved will be informed and where relevant be included in the response.
- All incidents of bullying will be recorded on SIMS and/or the pupil file by the member of staff investigating the incidents. Records will include the actions taken to safeguard, repair harm and strengthen relationships.
- Where appropriate, staff may impose reasonable and proportionate sanctions on bullying pupils in accordance with our behaviour policy and the law.

Some forms of bullying are illegal and may be reported to the police. These include but are not limited to:

- Physical violence or assault;
- Sexual assault;
- Theft;
- Repeated harassment or intimidation, for example name calling, threats and abusive phone calls, e-mails, or text messages;
- Hate crimes.

## Prevention

Catch22 Education apply a range of proactive strategies to prevent bullying.

These include but are not limited to:

- Leadership that promotes safe learning environments with an open and honest anti-bullying ethos.
- Staff embodiment of our vision, with particular emphasis on the 'People' aspect of the 3 Ps; always providing role models of 'good people and reinforcing this modelling in our conversations with pupils.
- Establishing tutor periods, PSHE classes, common spaces, and group activities to formally and informally, initiate, draw out and discuss relationships, differences, and anti-bullying messages.
- Using opportunities throughout the school calendar to raise awareness of the consequences and effect of bullying, e.g. Antibullying Week.
- Analyse Pupil surveys and create continuous opportunities for pupils' voices to be heard (e.g. 'I'd like my teacher to know' suggestion-style box).
- Antibullying campaigns.
- Ensuring staff presence and pupils' engagement in common spaces and unstructured times.
- Include anti-bullying in staff induction and continual professional development.

## 4 Definitions

N/A

## 5 Related policies

- Safeguarding policy
- Behavior policy
- Equality and diversity policy

## 6 Appendices

### Appendix 1 - Signs of bullying

#### Emotional and behavioural signs of bullying

- Changes in sleep patterns
- Changes in eating patterns
- Frequent tears or anger
- Mood swings
- Feels ill in the morning
- Becomes withdrawn or starts stammering
- Becomes aggressive and unreasonable
- Refuses to talk about what is wrong
- Begins to target siblings
- Continually 'loses' money or starts stealing.

#### Physical signs of bullying

- Has unexplained bruises, cuts, scratches
- Comes home with missing or damaged belongings or clothes
- Comes home hungry.

#### School signs of bullying

- Doesn't want to go to school
- Changes their route to school or are frightened of walking to school
- Doesn't want to go to school on the bus/tram/train
- School grades begin to fall.

## Other signs of bullying

Sometimes signs bullying can be hidden. They can include:

- Often being alone or excluded from friendship groups at school
- Being a frequent target for teasing, mimicking or ridicule at school
- Being unable to speak up in class and appears insecure or frightened.

## Annex 1:

### Equality Impact Assessment

#### 1. Summary

|                                |                     |
|--------------------------------|---------------------|
| <b>This EIA is for:</b>        | Anti-Bullying       |
| <b>EIA completed by:</b>       | Executive Assistant |
| <b>Date of assessment:</b>     | January 2021        |
| <b>Assessment approved by:</b> | Education SLT       |

Catch22 is committed to always: avoiding the potential for unlawful discrimination, harassment and victimisation; advancing equality of opportunity between people who share a protected characteristic and those who do not; and, foster good relations between people who share a protected characteristic and those who do not.

An Equality Impact Assessment (EIA) is a tool for identifying whether or not strategies, projects, services, guidance, practices or policies have an adverse or positive impact on a particular group of people or equality group. Whilst currently only public bodies are legally required to complete EIA's under the Equality Act 2010, Catch22 has adopted the process in line with its commitment to continually improve our equality performance.

Policy owners are required to complete or review the assessment indicating whether the policy has a positive, neutral or negative impact for people who it applies to and who share one or more of the 9 protected characteristics under the Equality Act 2010.

Definitions are based on the Equality & Human Rights (EHRC) guidance.

## Objectives and intended outcomes

This EIA has been completed in order to ensure that the implications and potential impact, positive and negative, of this policy have been fully considered and addressed, whether or not people share a protected characteristic.

## 2. Potential Impacts, positive and negative

| Equality Area                                                                                                                                                                                                            | Positive                 | Neutral                             | Negative                 | Please give details including any mitigation for negative impacts                                                                                                                                                                                                                      |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|-------------------------------------|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Age</b><br>Does this policy impact on any particular age groups or people of a certain age?                                                                                                                           | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | The policy applies equally to all members of staff and pupils regardless of age. It is not considered that the policy includes any guidance or rules that may impact either positively or negatively on members of staff or pupils because of their age.                               |
| <b>Disability</b><br>Does this policy impact on people who have a physical or mental impairment which has a substantial and long-term adverse effect on that person's ability to carry out normal day to day activities? | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | The policy applies equally to all members of staff and pupils regardless of any disability. It is not considered that the policy includes any guidance or rules that may impact either positively or negatively on members of staff or pupils because of any disability.               |
| <b>Gender reassignment (transsexual, transgender, trans)</b><br>Does this policy impact on people who are transitioning from one gender to another (at any stage)                                                        | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | The policy applies equally to all members of staff and pupils regardless of their gender at any given time. It is not considered that the policy includes any guidance or rules that may impact either positively or negatively on members of staff or pupils because of their gender. |
| <b>Marriage and civil partnership</b><br>Does this policy impact on people who are legally married or in a civil partnership?                                                                                            | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | The policy applies equally to all members of staff and pupils regardless of marital status. It is not considered that the policy includes any guidance or rules that may impact either positively or negatively                                                                        |

|                                                                                                                                                                                                                                                                   |                          |                                     |                          |                                                                                                                                                                                                                                                                                   |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|-------------------------------------|--------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                                   |                          |                                     |                          | on members of staff or pupils because of their marital status.                                                                                                                                                                                                                    |
| <b>Pregnancy and maternity</b><br><b>(in work this is linked to maternity leave, non-work this is for 26 weeks after giving birth)</b><br><br>Does this policy impact on people who are pregnant or in their maternity period following the birth of their child? | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | It is not considered that the policy positive or negatively impacts on pregnant women or on staff on maternity or paternity leave.                                                                                                                                                |
| <b>Race</b><br><br>Does this policy impact on people as defined by their race, colour and nationality (including citizenship) ethnic or national origins                                                                                                          | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | The policy applies equally to all members of staff and pupils regardless of their race, origin, colour or nationality. It is not considered that the policy includes any guidance or rules that may impact either positively or negatively in these respects.                     |
| <b>Religion and belief</b><br><br>Does this policy impact on people who practice a particular religion or none, or who hold particular religious or philosophical belief or none?                                                                                 | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | The policy applies equally to all members of staff and pupils regardless of religion or beliefs. It is not considered that the policy includes any guidance or rules that may impact either positively or negatively in these respects.                                           |
| <b>Sex</b><br><br>Does this policy impact on people because they are male or female?                                                                                                                                                                              | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | The policy applies equally to all members of staff and pupils regardless of their sex. It is not considered that the policy includes any guidance or rules that may impact either positively or negatively on members of staff or pupils because of their sex.                    |
| <b>Sexual orientation</b><br><br>Does this policy impact on people who are sexually attracted towards their own sex, the opposite sex or to both sexes?                                                                                                           | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | The policy applies equally to all staff and pupils regardless of their sexual orientation. It is not considered that the policy includes any guidance or rules that may impact either positively or negatively on members of staff or pupils because of their sexual orientation. |

### 3. More information/notes

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