

Spring 2025 Newsletter

catch
22



To enable young people to progress and succeed in sustained education, training or employment.

DIARY DATES

- 23/4/25: First day back after half term
- 19/5/25: Study leave for year 11's.
- 20/5/25: Food tech curriculum day
- 26/5/25—30/5/25 : Half term
- 6/6/25: Maths curriculum day
- 22/7/25: Last day of the school year

Assistant Headteacher — Alex

Spring term always seems to fly by! We have only a few school weeks left until our Year 11s start their GCSE's, and only 1 term left until the end of another school year!

There have been a lot of changes this half term to the curriculum in Norwich and students have had the opportunity to engage in more offsite learning and more time cooking in the kitchen! This is something we are planning on continuing into next half term.

I hope everyone has a happy easter and we look forward to seeing you all next half term

SCHOOL DAY TIMINGS

9:15-9:35	Tutor Time
9:35-10:25	Lesson 1
10:35-11:25	Lesson 2
11:35-12:25	Lesson 3
12:35-13:05	Lunch
13:05-13:55	Lesson 4
14:05-14:55	Lesson 5

GCSE Exam dates:

15/5/25: Maths

20/5/25 :Classics

23/05/25: English

02/06/25: Classics

04/06/25: Maths

06/06/25: English

09/06/25: Science

11/06/25: Maths

13/06/25: Science

16/06/25: Science

STAFF CHANGES

This half term we say goodbye to our English Teacher Cheryl, and wish her all the best in her new job!

SMOKE FREE

Smokefree Norfolk, helping the people of Norfolk quit smoking for good. Why quit? There are hundreds of great reasons to quit smoking and you can find out a few of them here! For your health, your family, or for the money you'll save! Every reason is the best reason.

Visit: www.smokefreenorfolk.nhs.uk

STUDENT VOICE

You said	We did
You wanted to go paintballing.	A trip was organised to go paintballing.
Change the lunch time menu	We have worked with the Café to create a new menu.
You wanted fruit in the kitchen	We now provide fruit at breakfast club and lunch time.
Somewhere to sit outside	We have now put benches outside in the playground

CHINESE NEW YEAR



-YEAR OF SNAKE-

In January our students celebrated Chinese new year with a Chinese buffet!



Students had a great time and many of them tried food that they had never tried before!



New curriculum

This half term we have introduced our new SEMH focused curriculum. The hope is that this new curriculum will help develop our young people socially and emotionally as well as just academically.

This half term we have introduced:

Food Tech:

This half term we have started our new food tech curriculum lead by Lorraine. Students have tried their hand at a wide range of items including:

- Many different ways to prepare eggs
- Iced Buns
- Pancakes
- Tomato sauces

The offsite curriculum:

This half term we have introduced regular offsite trips into our curriculum.

Students have had the opportunity to take part in:

Archery

Buggy building

Catapult making

Obstacle courses



Themed Days

We have a number of themed days coming up next term:

Food tech: Food museum

On 20th of may we are going to the food museum for a food tech curriculum day:



Maths D-Day

On 6th of June we are going to Muckleburgh war museum for a Maths curriculum day, and to commemorate the 81st anniversary of the D-Day landings.

Off site curriculum next half term

We are still waiting on final confirmation for some of these activities but the current plan for next half terms offsite trips are:

Week 1: Students to budget and purchase items for a picnic at the park



Week 2: Climbing challenge at Eaton Vale:



Week 3: Raft building at Eaton Vale
(Please bring a change of clothes)



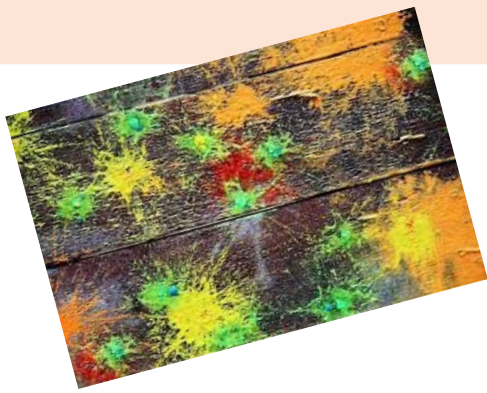
Week 4: Orienteering at Whitlingham



School Trip

PAINT BALLING

This half terms reward trip is Paintballing!
It is a good opportunity for students to build team working skills and get active!





The Big Norfolk Holiday Fun is back for Easter!

Thanks to the hard work and lobbying efforts of invested parties across the country, the Department for Education has agreed to one more year of funding for the Big Norfolk Holiday Fun programme.

This means that children aged 5-16 (or 4 if in Reception) receiving benefits-related free school meals can enjoy free activities during the Easter, summer, and winter holidays.

The Big Norfolk Holiday Fun (BNHF) activity programme is run in partnership with Norfolk County Council, thanks to an initial four years of funding which has been extended as of January 2025.

The upcoming Easter programme is set to run from 7 April to 17 April 2025. You can book your child's activities for Easter now!

Online Safety Tips

PARENT FACTSHEET – JANUARY 2022

Keep your child safe on TikTok



What is it?

A video-sharing app that's huge with children and teenagers right now. You lip-sync to music or do comedy sketches and can add effects to your videos. You can also gain followers ('fans') and watch other people's videos.

The age recommendation is **13 and above**, but it's easy for younger children to sign up too.

What are the main things to watch out for?

- Sexual lyrics and swearing in songs
- Content about eating disorders (known as 'pro-ana') and bullying content
- 'Challenges' that users take part in that are potentially dangerous
- Emojis that are seen as sexually suggestive, like the aubergine

Under-16s can't send or receive private messages. But once users have made contact, like through comments on videos, they could still switch to another app like Snapchat to chat privately and swap images and videos.

REMOVE A NUDE IMAGE SHARED ONLINE

It can be scary finding out a nude image or video of you has been shared online. But we can help. Follow the steps below and use the Report Remove tool to get your image or video removed from the internet.

HOW TO GET YOUR IMAGE REMOVED

If you're under 18 and a nude image or video of you has been shared online, you can report it to be removed from the internet. You'll need to:

- Select your age and follow the steps below.
- Create a Childline account so we can send you updates on your report.
- Report your image or video to the Internet Watch Foundation (IWF)
- Check your Childline locker for a few days after your report to see if you need to add any more information and to see updates on your report.



Nude image of you online?
We can help take it down.



For more information about Report Remove, Please click on this link: [Report Remove | Childline](#)