

Feb 2025

Newsletter

catch
22



To enable young people to progress and succeed in sustained education, training or employment.

PEOPLE, PURPOSE, PLACE

DIARY DATES (2024-2025)

24th February	School Opens
4th April	School Shuts for Easter
23rd April	School Opens
23rd May	School Shuts, half term
2nd June	School Opens
22nd July	School Shuts for Summer

SCHOOL DAY TIMINGS

9:15-9:45	Tutor Time
9:45-10:35	Lesson 1
10:45-11:35	Lesson 2
11:45-12:35	Lesson 3
12:35-13:05	Lunch
13:05-13:55	Lesson 4
14:05-14:55	Lesson 5

Assistant Headteacher — Charlotte

I, and the King's Lynn staff, would like to thank all of our students and their families for their continued efforts during the last half term.

As you can see from the photo's in our news letter the students have engaged well this half term in enrichment activities. We have recently purchased some Beauty Heads for our budding hairdressers and student's have enjoyed competing in the recent STEM challenge. Jo Andrews (Maths Teacher) organised a Maths Curriculum day at a local bug park and all the students enjoyed Chinese New Year celebrations both in and out of school.

The Year 11s have had a particularly busy half term preparing for their GCSE's and looking at applying to Post 16 provisions. Advocates are working closely with Year 11's to ensure all students have a destination for next year.

STAFF CHANGES

Many of you will be aware that Hannah Howell is now our school SENCo and has been busy meeting with many of you to review EHCP's. More news from Hannah will follow in the next newsletter.

ATTENDANCE

The topic of attendance is one that is discussed with both students and parents on a daily basis. It is amazing to see parents, staff and students working together to encourage high levels of attendance.

Regular attendance at school is not just about academic performance but has a significant impact on a child's overall development and lifelong wellbeing.

If your child is going to be absent from school, please contact an Advocate before 9am giving a reason for absence.

Claire —07793 365161

Jennie —07872 416574

Curriculum & Themed Days

Students have engaged wonderfully with the different curriculum and themed days throughout this half term.

STEM CHALLENGE DAY

What is STEM?

STEM, which stands for Science, Technology, Engineering, and Mathematics, is more than just a group of subjects. It's a way of merging these crucial areas into an approach to learning and problem-solving.

Students worked in their year groups competing to 'Build a Bridge' using a limited amount of resources and with a set cost limit for items used. The winning team were the Year 9's, well done Boudicca!



MATHS CURRICULUM DAY

BUGS BUGS BUGS!!

Students visited the Bug Parc in nearby Lenwade where they learnt all about Mathematical insect facts, drew symmetrical pictures and enjoyed some bug handling along the way. We are looking forward to our Science and English curriculum days coming soon!

Curriculum days give our students a chance to learn a deeper understanding of subjects, promoting new skills and enrich their experiences.



CHINESE NEW YEAR

To celebrate the Chinese New Year, students in school were able to engage in cultural activities and try some Chinese dishes for lunch. The Year 11's had a cultural day in Peterborough then enjoyed a world buffet.

2025 marks the change from Year of the Dragon to Year of the Snake.



Curriculum & Themed Days

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YEAR 11 TRIP TO PETERBOROUGH CATHEDRAL



The Year 11's have been working really hard this half term in preparation for their GCSE's, so it was nice for them to enjoy a cultural day out. Students visited Peterborough Cathedral then finished their day with a visit to a World Buffet.



Student Voice

You asked we listened!!

Some of our students had expressed a wish to be able begin their journey into hair and beauty, however due to age restrictions they are unable to join a college placement until Year 12. To give our young people a chance to explore this area we now have four beauty heads. The students have enjoyed being able to experiment with hairstyles and will be able to develop a portfolio ready for their Post 16 destinations. We are looking forward to seeing what they can achieve in this area.

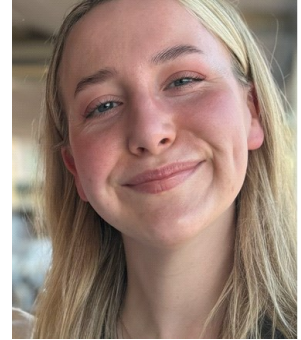
Well done to all students for their participation and engagement!!

Family & Student Support

Feeling low or stressed?

Want advice and guidance?

Need support and information?



**I'm not here to judge you.
I can support you with
making the right decision.**

**Support is consent based,
meaning it can start and
end when you choose to
do so.**

Hi, I'm Bex.

I'm the Family and Student Support Worker for Catch-22 schools, I work across the Norfolk schools; Norwich, Kings Lynn and Cloud, our online provision.

I can work with you and/or your family when you are experiencing difficulties in your life.

I can support students in school with 1-1 sessions, or I can provide outreach visits to parents at home. If it's more comfortable, I can meet you at a mutual place.

If you just need someone to listen to, or if you have other worries and you're unsure of how to make things better, we can work together to create a plan that feels reasonable and works for you and your family. We can have regular sessions where we discuss what's working well, and what isn't.

If you would like to discuss how I can support you, please speak to an Advocate, and I will arrange to speak with you, or call you at home.

Online Safety Tips

PARENT FACTSHEET – JANUARY 2022

Keep your child safe on TikTok



What is it?

A video-sharing app that's huge with children and teenagers right now. You lip-sync to music or do comedy sketches and can add effects to your videos. You can also gain followers ('fans') and watch other people's videos.

The age recommendation is **13 and above**, but it's easy for younger children to sign up too.

What are the main things to watch out for?

- Sexual lyrics and swearing in songs
- Content about eating disorders (known as 'pro-ana') and bullying content
- 'Challenges' that users take part in that are potentially dangerous
- Emojis that are seen as sexually suggestive, like the aubergine

Under-16s can't send or receive private messages. But once users have made contact, like through comments on videos, they could still switch to another app like Snapchat to chat privately and swap images and videos.

REMOVE A NUDE IMAGE SHARED ONLINE

It can be scary finding out a nude image or video of you has been shared online. But we can help. Follow the steps below and use the Report Remove tool to get your image or video removed from the internet.

HOW TO GET YOUR IMAGE REMOVED

If you're under 18 and a nude image or video of you has been shared online, you can report it to be removed from the internet. You'll need to:

- Select your age and follow the steps below.
- Create a Childline account so we can send you updates on your report.
- Report your image or video to the Internet Watch Foundation (IWF)
- Check your Childline locker for a few days after your report to see if you need to add any more information and to see updates on your report.



Nude image of you online?
We can help take it down.



For more information about Report Remove, Please click on this link: [Report Remove | Childline](#)

10 INTERNET SAFETY TIPS FOR PARENTS

1 Don't block all access to technology. Help your child learn to use tech **safely** and **positively**.

2 Take an **interest** in your child's favourite apps or sites. Co-view or co-create at times.

3 Be the parent. You're in charge. Set **boundaries** and consider using filtering software.

4 Create a family media **agreement** with tech free zones such as cars, bedrooms, and meals.

5 Teach your child what **personal information** they should not reveal online (YAPPY acronym).

6 Help your child learn to **filter** information online and navigate fact from fiction.

7 Navigate digital **dilemmas** with your child. Avoid using devices as rewards or punishments.

8 **Balance** green time and screen time at home. Focus on basic developmental needs.

9 Don't support your child to sign up for sites with **age restrictions** (e.g. 13+) if they're underage.

10 **Learn more:** Explore reliable resources for parents so you can educate yourself.